Gastroenterologists	
Dr Andrew Hallam   Dr Andrew Lee   Dr Marnie Wood   Dr Dr Rajeev Sinniah	Mahesh Jayanna
Consultations	Day Surgery
NES Caboolture Day Endoscopy Unit, 17 Hasking Street.	NES Caboolture
Chermside Holy Spirit Northside, Level 1 Medical Suites, 627 Rode Rd.	Caboolture Private
Kippa-Ring Peninsula Specialist Centre, Suite 23 George Street.	Holy Spirit North
Strathpine Specialist Centre, Suite 9 Dixon Street.	Peninsula Private
North Lakes QML Specialist Rooms, 10 Endeavour Blvd.	North Lakes
Patient Name:Appointment:Clinical Details & Current Therapy:	Consultation
Referring doctor's details/stamp:	
Date: / / Signature:	

## COLONOSCOPY PATIENTS

Instruction/Prep kit needs to be collected

## UPPER ENDOSCOPY PATIENTS

Endoscopy involves the use of a narrow, flexible tube (a gastroscope) to examine the upper intestinal tract. **You must have nothing to eat or drink for SIX HOURS before the procedure**. If your booking is in the afternoon you may have a light breakfast of toast and tea.

If you take any medication for your heart or blood pressure, it is important you take these as usual with a sip of water as early as possible before the procedure. **If you are a diabetic or on blood thinning medication please inform the receptionist when making your booking**.

You will be given a light anaesthetic to make you relaxed and comfortable. Once this has taken effect the doctor will pass the gastroscope via the mouth to examine, and if necessary take biopsies from the oesophagus, stomach and duodenum.

Endoscopy is not painful and you may have no memory of it afterwards. The procedure takes 5 to 15 minutes to perform and you will be sleepy for about another half an hour.

## **REMEMBER** – FAST FOR SIX HOURS

- DO NOT RETURN TO WORK. ARRANGE A DRIVER

- HAVE SOMEONE WITH YOU FOR 12 HOURS AFTER PROCEDURE

## **Consultations | Procedures**

Phone: 1300 733 801

Or phone: 5498 9077 Fax: 07 5432 4168