



Consultations | Procedures

Phone: 1300 733 801

Or phone: 5498 9077
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Gastroenterologists

Dr Andrew Hallam | Dr Andrew Lee | Dr Marnie Wood | Dr Mahesh Jayanna |
Dr Rajeev Sinniah | Dr Shahram Safa

Consultations

NES Caboolture Day Endoscopy Unit, 17 Hasking Street.
Chermside Holy Spirit Northside, Level 1 Medical Suites, 627 Rode Rd.
Kippa-Ring Peninsula Specialist Centre, Suite 23 George Street.
Strathpine Specialist Centre, Suite 9 Dixon Street.
North Lakes QML Specialist Rooms, 10 Endeavour Blvd.

Day Surgery

NES Caboolture
Caboolture Private
Holy Spirit North
Peninsula Private
North Lakes

Patient Name: _____

Appointment: _____

Clinical Details & Current Therapy: _____

[] Upper Endoscopy | [] Colonoscopy | [] Consultation

Referring doctor's details/stamp:

Date: / / Signature: _____

COLONOSCOPY PATIENTS Instruction/Prep
kit needs to be collected

UPPER ENDOSCOPY PATIENTS

Endoscopy involves the use of a narrow, flexible tube (a gastroscope) to examine the upper
intestinal tract. You must have nothing to eat or drink for SIX HOURS before the
procedure. If your booking is in the afternoon you may have a light breakfast of toast and tea.

If you take any medication for your heart or blood pressure, it is important you take these as
usual with a sip of water as early as possible before the procedure. If you are a diabetic or on
blood thinning medication please inform the receptionist when making your booking.

You will be given a light anaesthetic to make you relaxed and comfortable. Once this has taken
effect the doctor will pass the gastroscope via the mouth to examine, and if necessary take biopsies
from the oesophagus, stomach and duodenum.

Endoscopy is not painful and you may have no memory of it afterwards. The procedure takes 5 to
15 minutes to perform and you will be sleepy for about another half an hour.

REMEMBER – FAST FOR SIX HOURS

– DO NOT RETURN TO WORK. ARRANGE A DRIVER

– HAVE SOMEONE WITH YOU FOR 12 HOURS AFTER PROCEDURE